



©2023 Panel instructions by Jennifer Long of Sew A Story for Riley Blake Designs



The farm animals are making hay while the sun is shining! Join these adorable farm friends as they go through their day working the fields, feeding the chicks, driving tractors, and planting the garden. Breathe the fresh country air and experience country life through the eyes of a child! From quilts, to dolls to play on the go. What will you make with the Country Life fabric collection? Perhaps aprons, or hot pads, or fabric baskets? The possibilities are endless.

Jennifer Long

Use the Country Life Boris the Cow Doll Panel to create a beautiful, high-quality, modern rag doll and matching accessories. Don't forget to complete the set with the coordinating Country Life 3-in-1 Farm Play Felt Panel.

Check out WWW.SEWASTORY.COM for other projects using this panel such as quilt patterns, applique pillow patterns and more.

SUPPLIES:

- (1) Country Life Cotton Doll Panel (PD-13799-PANEL)
- Polyester Fiber Fill for stuffing dolls
- Scraps of Batting
- Optional Embroidery Floss for embellishments
- Hand sewing needle and thread

INSTRUCTIONS:

Please read through all the directions first before starting. Assume 1/4" seam allowance. Sew with Right Sides Together (RST) unless otherwise stated. Press all seams in the direction of the arrows on the diagrams unless otherwise stated.

RST: Right Sides Together
RSO: Right Sides Out

The instructions below are for making the Country Life Boris the Cow Doll panel as originally intended. Follow the steps in the order shown.

1. Carefully cut out all the pattern pieces on the outer cut lines. All pieces are designed with a 1/4" seam allowance. If you wish to have a larger seam allowance, please cut out wider than the cut lines.



TO MAKE THE DOLLS:

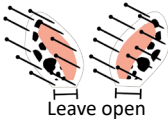
2. Optional: Embellish the Doll & Accessories with any hand embroidery details or sewn on sequins or buttons. Be aware of age appropriateness for any embellishments you sew on.



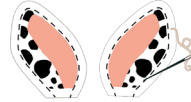
Note: Add yarn to the end of the tail for a more realistic look.



3. Prepare the parts: Place both front and back ear pattern pieces RST and pin around the perimeter. Leave the bottom open for turning. Repeat with the tail, horns, and pockets leaving a small opening unpinned for turning.



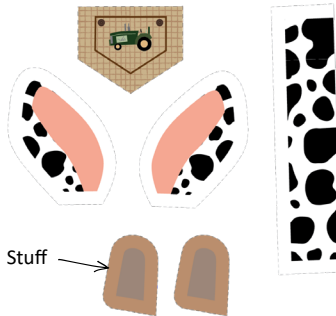
4. Using a shortened stitch length on your sewing machine, sew on or slightly inside the 1/4" seam allowance on pieces.



5. Using a sharp pair of pointed fabric scissors, make little snips in the seam allowance around all the shapes. This will give a nice flat pattern when turned RSO. Be careful not to snip too close and cut your stitches.



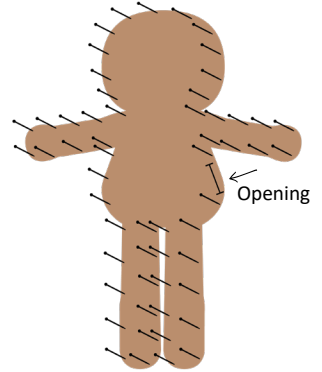
6. Turn ALL the items RSO using a chopstick or a turning tool to help with the edges. Press seams. Stuff ONLY the horns.



7. Gather the main Cow body front piece. Pin the ears, horns, tail and pockets in the desired position. Note the inside of the ears will be covering the dolls eyes and the inside of the tail will be covering the doll's tummy. Sew & tack down all pieces into place. Sew pockets by hand or machine, leaving the top of the pocket open.



8. On the flat surface, lay the back Cow body pattern piece RST to the prepared front body piece and pin around the perimeter. Use lots of pins to secure both pieces of fabric and ensure there is no shifting during sewing. Mark a 2" opening on the doll's side that will be left open for turning and stuffing.



9. Using a shortened stitch length on your sewing machine, sew on or slightly inside the 1/4" seam allowance. Make sure to leave the opening for turning. Set aside. (For tips and tricks watch Jennifer's YouTube video on sewing panel dolls at WWW.YOUTUBE.COM/@BEESEWINSPIRED)



10. Repeat steps 8 & 9 for the Farm Dog, Sheep, Tractor, Dog Bone, Dog Food Bag, Cow Bell, and Stuffed Veggies. *Option: Hem the top of the Dog Food Bag and do not stuff for a usable play bag.*



11. Using a sharp pair of pointed fabric scissors, make little snips in the seam allowance around all the shapes. This will give a nice flat pattern when turned RSO. Be careful not to snip too close and cut your stitches.



12. Using your stuffing tool or a chopstick, stuff each item completely.



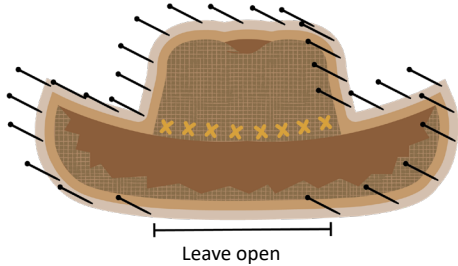
13. Next, pin the opening closed and use an invisible Ladder Stitch to close the opening securely.



TO MAKE THE ACCESSORIES:

COWBOY HAT:

14. Layout the (2) outer Cowboy Hat pieces RST. Pin and sew around the entire perimeter (leaving the bottom opening between the marks on the seam allowance). Repeat for the lining.

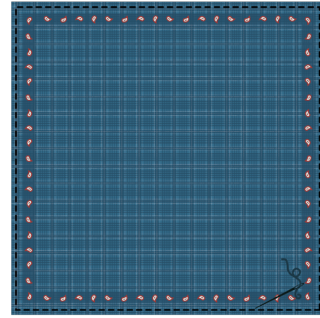


15. Turn the prepared lining RSO and fit it inside the outer hat through the opening.
16. Pin and sew around the opening of the lined Cowboy Hat - leaving a small opening for turning. Turn and press the hat.
17. Push the lining into the Cowboy Hat and close the opening with an invisible ladder stitch. Press.



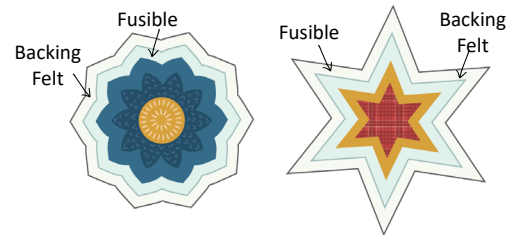
BANDANA:

18. Press a double-folded hem around the entire perimeter of the bandana. Using a coordinating thread color, stitch the hem closed by hand or machine.



SHERIFF BADGES & FLOWERS FOR HAIR:

19. Using a raw-edge applique method of your choice, fuse the Sheriff Star Badges or Flowers to scraps of felt. Hand sew or machine sew around the perimeter with a coordinating thread color.



20. Dress and accessorize your Country Life Doll to begin hours or imaginative play and exploration.

BE CREATIVE! Use these panel dolls as applique on your next quilt project, for bags, pillows and more!

Hug and enjoy!!! Why not make a couple of Doll panels for hours of imaginative play?!!!

Enjoy and share your dolls using the hashtags [#COUNTRYLIFEFABRIC](#) [#COWDOLLPANEL](#) [#BORISTHECOW](#)
[#SEWASTORY](#) [@SEWASTORY](#) [#RILEYBLAKEDESIGNS](#) [#ILOVERILEYBLAKE](#).

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with Jennifer Long
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